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Chocolate Shakeology & PB Oatmeal Bars



Straight from the Shakeology cookbook—these PB Chocolate Shakeology Oatmeal Bars taste so good, you can't believe they're actually good for you! Great for a snack or a breakfast treat!

Ingredients

3 cups oatmeal

1/2 cup Peanut Butter

1 cup skim milk

Dash cinnamon

Splash of vanilla

1 tsp unsweetened cocoa powder

4 scoops chocolate shakeology

Instructions

Mix all dry ingredients, then add skim milk and vanilla to blend. Add peanut butter and mix with hands. Put mixture into an 8x8 pan, press flat, refrigerate for 2-3 hours and cut into squares. I kept them in the fridge until I was ready to serve them.