

Peanut Butter Fudge Power Bars



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Oh my heavens is this one of my favorites!!! Who here is just about dying for something sweet. I mean seriously, we just had Halloween, we now have Thanksgiving in the works, pumpkin pie and cookies, Latte's and more! Honestly I am the biggest sweet junkie there is so this is sooo very hard for me! When Nicole shared this at our Dream team leadership retreat I just knew it was going to become a family favorite. So here I am sharing it with you now as well. This is of course a treat but it's also a great replacement for a cookie when you just can't resist!!!!

1 16 oz Jar Natural Creamy Peanut Butter

1 1/4 Cup Natural Honey

2 scoops 100% Natural Whey Protein Powder

3 Cups Rolled Oats

1. Heat peanut butter in the microwave for 90 seconds.

2. Add in honey, stir.
3. Mix in protein powder.
4. Combine oats with peanut butter mixture.
5. Spread evenly in 9×13? pan, and refrigerate for at least an hour.
6. Cut into 1 1/2? squares, and enjoy!