

Everything You Need To Know

**80 DAY
OBSESSION**



Launch Date- December 14th

ANY CUSTOMER WHO PURCHASES AN 80 DAY OBSESSION CHALLENGE PACK OR ACCESSORY BUNDLE
WILL GET A \$10 (10\$, £10) PRE LAUNCH DISCOUNT.

DECEMBER 14TH-JANUARY 14TH.

ANYONE WHO PURCHASES AN ACCESSORY BUNDLE OR CP BETWEEN DECEMBER 14TH AND JANUARY
14TH WILL GAIN ACCESS TO A COACH-ONLY TEST GROUP WITH 80 DAY OBSESSION CREATOR,
AUTUMN CALABRESE.



What Is 80 Day Obsession?

THE 80 DAY OBSESSION PROGRAM IS AN EFFECTIVE, STEP BY STEP APPROACH TO BUILDING A SHAPED, CURVY BUTT WHILE SIMULTANEOUSLY SHRINKING YOUR CORE. IT IS 80 DAYS OF INTENSE FOCUS ON FITNESS AND NUTRITION FOR 13 WEEKS.

WORKOUT LENGTH: 45-60 MINUTES A DAY, 6 DAYS A WEEK FOR 80 DAYS.

EQUIPMENT NEEDED- RESISTANT LOOPS, SLIDERS, WEIGHTS, MAT.

NO PHYSICAL DVDS, ONLY ACCESS THROUGH ON DEMAND (BOD)

What is timed nutrition?

YOU HAVE A 6 HOUR WORKOUT BLOCK

PRE WORKOUT MEAL IS 1 HOUR BEFORE YOU WORKOUT

ENERGIZE 15-20 MINUTES BEFORE YOUR WORKOUT

POST WORKOUT RECOVER WITHIN AN HOUR OF WORKOUT

THEN MEAL WITHIN 2 HOURS OF YOUR WORKOUT

EVERY 2 1/2 TO 3 HOURS MEALS

USES PORTION FIX

DIFFERENT TIMING ON REST DAYS

RE FEED DAYS

MAINTENANCE VS WEIGHT LOSS

BASIC 80 DAY OBSESSION PROGRAM PACK

EXISTING COACHES & CUSTOMERS



+ INTRO GUIDE + CALENDAR



\$59.95 PROMO

\$49.95

CA \$63.95

UK £49.95



CHOOSE 1 :SHAKEOLOGY HD OR
PERFORMANCE STACK HD



+ INTRO GUIDE + CALENDAR



\$150 PROMO \$140

(SAVE \$65)

CAN \$164

UK £140

80 DAY OBSESSION PERFORMANCE OR SHAKEOLOGY
COMPLETION PACK



SHAKEOLOGY PLUS 1 OF
EACH ENERGIZE & RECOVER 1X
ORDER



+ INTRO GUIDE + CALENDAR

\$210 PROMO FOR \$200

(SAVE \$130)

CAN \$233

UK £200

80 DAY OBSESSION SHAKEOLOGY & PERFORMANCE COMBO

EXISTING BOD CUSTOMERS

2X PERFORMANCE ENERGIZE
4X PERFORMANCE RECOVER



+ INTRO GUIDE + CALENDAR

\$356 PROMO \$346

(SAVE \$125)

CA \$434

UK £346

OBSESSION ACCESSORIES & PERFORMANCE BUNDLE

EXISTING COACHES & CUSTOMERS



2X EACH ENERGIZE & 4X RECOVER 1X ORDER



+ INTRO GUIDE + CALENDAR

US\$410 PROMO \$400

CAN \$460

UK £400

(SAVE \$205)



80 DAY OBSESSION SHAKEOLOGY & PERFORMANCE MEGA COMPLETION PACK

EXISTING BOD CUSTOMERS

NEW CUSTOMERS & COACHES





**BEACHBODY®
ON DEMAND**
1 YR MEMBERSHIP

**CHOOSE SHAKEOLOGY HD OR
PERFORMANCE STACK HD**



+ INTRO GUIDE + CALENDAR

\$180 PROMO \$170

CA \$200

UK £170

(SAVE \$135)

**80 DAY OBSESSION ANNUAL ALL ACCESS BOD PERFORMANCE OR SHAKEOLOGY
CHALLENGE PACK**

NEW COACHES/CUSTOMERS



**BEACHBODY®
ON DEMAND**
1 YR MEMBERSHIP

**SHAKEOLOGY PLUS -1X
EACH ENERGIZE & 1X RECOVER
1X ORDER**

+ INTRO GUIDE + CALENDAR

**\$240 PROMO \$230
CA \$266
UK £230
(SAVE \$200)**



**80 DAY OBSESSION ANNUAL BOD & SHAKEOLOGY PERFORMANCE COMBO CHALLENGE
PACK
NEW COACHES/CUSTOMERS**



2X EACH ENERGIZE & 4X RECOVER 1X ORDER



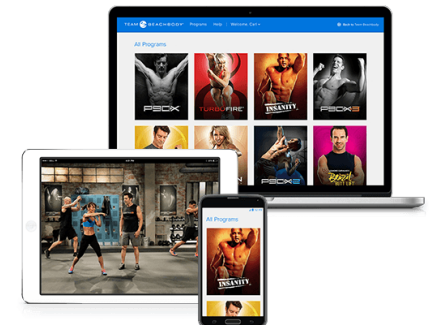
+ INTRO GUIDE + CALENDAR

1 YR MEMBERSHIP

\$440 PROMO \$430

CA \$495

UK £430



NEW COACHES/CUSTOMERS



80 DAY OBSESSION ANNUAL BOD SHAKEOLOGY & PERFORMANCE MEGA PACK

What to do next?

REACH OUT TO YOUR COACH-----> GET INTO AN 80 DAY OBSESSION PREP GROUP



Prepare to be Obsessed

Questions & Thoughts