

Melanie Mitro

15 Star Diamond Beachbody Coach

<http://melaniemitro.com>

Chicken Fajita Burrito



chicken fajita burrito

18 ounces chicken, cut into small chunks

1/4 packet fajita seasoning mix

1/2 red bell pepper

2 cloves garlic

Mushrooms

Several slices of white onion (you decide how much)

2 whole-wheat tortillas

Guacamole: 1 avocado, 1/2 medium tomato chopped, chopped red onion, a few shakes of sea salt.

Salsa

Sprinkle chicken with salt and some fajita mix and cook in skillet. In a separate skillet, saute garlic, bell peppers, onion and mushrooms (use a small amount of olive oil if necessary). Meanwhile, prepare guacamole (mix all ingredients above). When vegetables are fully cooked, mix a small

amount of fajita mix with 1/4 cup water and pour over vegetables. Increase heat and boil off the water. Heat tortillas on a clean skillet over medium-high heat for 15 seconds per side. Add ingredients on top of the tortilla and attempt to form a burrito and enjoy!