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Clean Eating Coleslaw



Just in time for July 4th, this Clean Eating Coleslaw is a perfect dish to bring to a summer picnic or party! It's way healthier than classic creamy coleslaws, and I promise it's just as delicious!

Can you guess the secret ingredient??

From the Clean & Delicious Blog.

1 small head cabbage, thinly sliced

? scallions, chopped

2 carrots, grated

1 clove garlic, minced

2 tbsp apple cider vinegar

½ cup fat free Greek yogurt

2 tsp Dijon mustard

salt and pepper to taste

1. In a large bowl, combine cabbage, scallions and carrots.
2. In a smaller bowl, combine garlic, vinegar, yogurt and mustard.
3. Toss dressing over cabbage mixture and combine well. Season with salt and pepper.